

WHAT IS THE SYMBOLISM OF THE SABBATH?



Mark 2



- **27** Then he said to them, “The Sabbath was made for man, not man for the Sabbath. **28** So the Son of Man is Lord even of the Sabbath.”

*Be Blessed
and
Become a Blessing*

Exodus 20

- 8“Remember the Sabbath day by keeping it holy. 9Six days you shall labour and do all your work, 10but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. 11For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

WHAT DID GOD DO AT THE CREATION?

- **Gen 2:1** Thus the heavens and the earth were completed in all their vast array.
- **2** By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. **3** Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Become a Blessing

HEBREW

- SHABBATH =
TO STOP, TO
CEASE, REST

שַׁבָּת שְׁלוֹמִים

Shabbat Shalom!

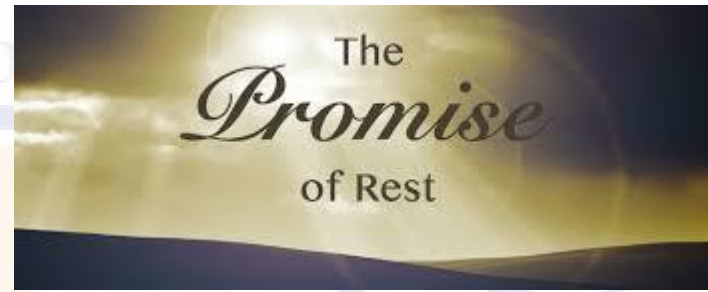
*Be Blessed
and
Become a Blessing*

Colossians 2

- **16** Therefore, let no one judge you in matters of food and drink or with respect to a festival, a New Moon, or Sabbath days. **17** These are a shadow of the things to come, but the reality belongs to the Messiah.

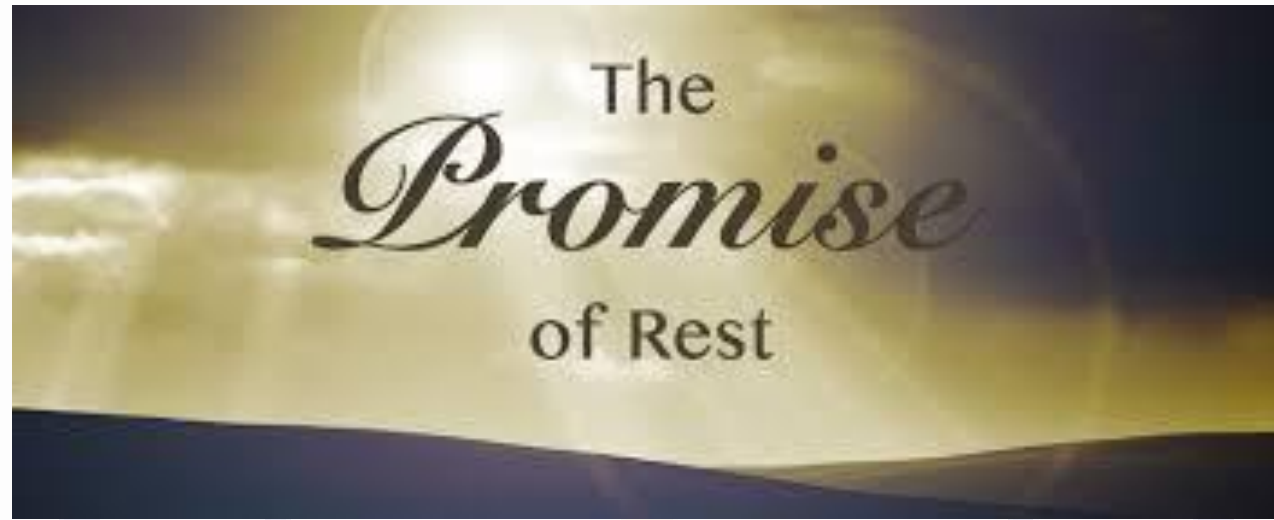


Hebrews 4



- **1** Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.
- **2** For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed. **3** Now we who have believed enter that rest, just as God has said, “So I declared on oath in my anger, ‘They shall never enter my rest.’ ” **b**

*and
Become a Blessing*



- **8**For if Joshua had given them rest, God would not have spoken later about another day. **9**There remains, then, a Sabbath-rest for the people of God; **10**for anyone who enters God's rest also rests from their works,^e just as God did from his. **11**Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.

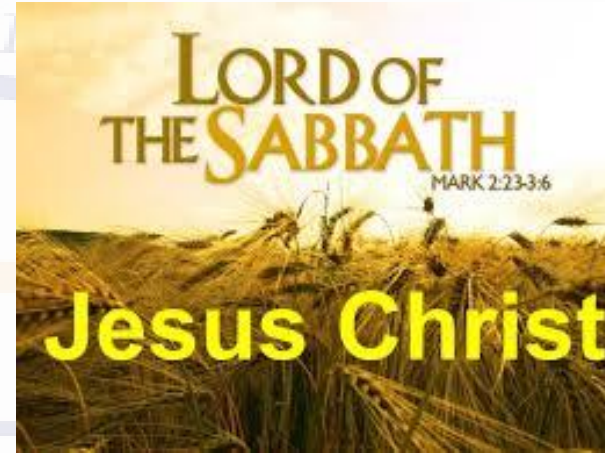
Matthew 11



Jesus Gives
You REST

- **28** “Come to me, all you who are weary and burdened, and I will give you rest. **29** Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. **30** For my yoke is easy and my burden is light.”

Mark 2



- 27 Then he said to them, “The Sabbath was made for man, not man for the Sabbath. 28 So the Son of Man is Lord even of the Sabbath.”